



芝加哥少林寺
CHICAGO SHAOLIN TEMPLE

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星期一 Monday	星期二 Tuesday	星期三 Wednesday	星期四 Thursday	星期五 Friday	星期六 Saturday	星期日 Sunday
					9:00 am – 11:00 am 成人班 Adult Kung Fu	9:00 am – 11:00 am 成人班 Adult Kung Fu
	10:00 am – 11:30 pm 成人班 *Adult Kung Fu	10:00 am – 11:30 pm 成人班 *Adult Kung Fu	10:00 am – 11:30 pm 成人班 *Adult Kung Fu	10:00 am – 11:30 pm 成人班 *Adult Kung Fu		
学校休息 SCHOOL CLOSED	* For 10:00 am – 11:30 pm weekday morning classes, please tell us the day before that you will be attending *				1:30 pm – 3:30 pm 儿童班 Children Kung Fu	1:30 pm – 3:30 pm 儿童班 Children Kung Fu
	4:00 pm – 5:30 pm 儿童班 Children Kung Fu	4:00 pm – 5:30 pm 儿童班 Children Kung Fu	4:00 pm – 5:30 pm 儿童班 Children Kung Fu	4:00 pm – 5:30 pm 儿童班 Children Kung Fu	3:30 pm – 5:30 pm 少年班 Teenager Kung Fu	3:30 pm – 5:30 pm 少年班 Teenager Kung Fu
	5:30 pm – 7:00 pm 少年班 Teenager Kung Fu	5:30 pm – 7:00 pm 少年班 Teenager Kung Fu	5:30 pm – 7:00 pm 少年班 Teenager Kung Fu	5:30 pm – 7:00 pm 少年班 Teenager Kung Fu	5:30 pm – 7:00 pm 擒拿 Qin Na	5:30 pm – 7:00 pm 散打 San Da
	7:00 pm – 8:00 pm 散打 San Da	7:30 pm – 9:00 pm 气功 Qi Gong	7:30 pm – 9:00 pm 气功 Qi Gong	7:30 pm – 9:00 pm 气功 Qi Gong	7:30 pm – 9:00 pm 气功 Qi Gong	7:30 pm – 8:30 pm 打坐 **Sitting Meditation
	8:00 pm – 9:30 pm 气功 Qi Gong	9:00 pm – 10:00 pm 成人班 Adult Kung Fu	9:00 pm – 10:00 pm 成人班 Adult Kung Fu	8:00 pm – 9:30 pm 气功 Qi Gong		**Sitting Meditation is open to anyone that is interested

课程:

儿童班 : 5 – 12 岁
少年班 : 13 – 17 岁
成人班 : 18 岁以上

学费:

一个月 功夫/启功 / 散打 : \$150
(添加 擒拿 \$50)

一个月 擒拿 / 散打 : \$120

Classes:

Children Level : 5 – 12 years old
Teen Level : 13 – 17 years old
Adult Level : 18+ years old
Qi Gong : internal forms for health / power
San Da : Chinese kickboxing
Qin Na : grappling, joint-locks, self-defense

Fees:

1 month Kung Fu / Qi Gong / San Da: \$150
(to also include Qin Na add \$50)

1 month Qin Na / San Da only: \$120

Training Uniform Cost: \$100

Pay for 6 months in advance, get 1 month free
Pay for 12 months in advance, get 2 months free

Visit our website to signup for our mailing list and to find our Facebook and Twitter accounts.

Class schedule and fees may be changed. All fees are non-refundable. If students fail to attend class, substitutions are not allowed.